



## Setting SMART Goals

### What you'll learn

- ✓ About the Course
  - ★ Summary of course objectives, and yours too
- ✓ Setting SMART Goals
  - ★ Use SMART methodology to set goals that help you succeed
- ✓ Next-Steps
  - ★ Now you've sampled this mini-course, what next?

### What does our Setting SMART Goals course cover?

#### Understand How to Set Goals

As anyone with experience will tell you, setting goals involves more than drawing up a list of targets -- however carefully those targets are calculated.

This great, fully interactive mini-course gives you the background to the need for goal setting, and how to do it productively.

And it's presented in a way that's really easy to understand, too!

Whether you apply what we say to important personal goals, or those you set for people you manage, you'll find that by using SMART methodology, achieving results is not just easier, but more controlled -- and enjoyable -- too!

This Smart Goals skills training course, like all our courses, has been developed over many years of classroom and online delivery. Content has been thoroughly researched and is constantly updated so it's always leading edge. It's completely interactive and is full of practical knowledge and solutions.

Still wondering whether to do the course?

Just think about this: how much would you benefit if you had better smart goals skills?

## Course content for Setting SMART Goals



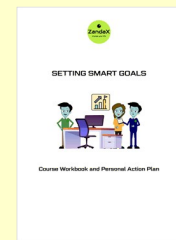
### And There's a Great 18-page Workbook...

How about realizing your **full potential**?

Choose the **Development** course option and get your own great, results-focused downloadable workbook.

The workbook features:

- **Summary notes** of the course to refer to as you go
- Space for **your own notes** alongside the summaries
- Apply the lessons in each module to your own situation and needs
- The **unique ZandaX Personal Action Plan** with four structured Follow Up Sessions for you to monitor and manage your ongoing development
- A final Review Session for you to see just **how far you have come!**



## More about the ZandaX Setting SMART Goals course

### Learn to Set Goals the SMART way!

#### Learn how to set goals that get results

We want you to understand the WHY, as well as the HOW, so this mini-course comes in four parts.

Firstly, we show you how important goals are, and why it's important to avoid starting a job without preparation.

Next, we show how it's important to define what you want, and how you're going to get there.

We show you how using the Three Ps will set them up for success.

And finally, the main section is devoted to explaining SMART goals: how they are set up, and how each component will help you.

Watch the modules, revisit them time and again ... and have fun with improving your skills!

### Learning options

This course is delivered as fully interactive online content which you can pause, re-run and revisit as often as you like. You can view the content in any order, and review whatever you like at any time.

The course is offered with the following option:

#### Development option

This is our most popular course option because it also includes a comprehensive ZandaX workbook and Development Plan which allows you to engage fully and deepen your understanding enormously.

**This option is for you** if you're serious about your development.

ZandaX

ZandaX – Change Your Life ... Today

All content © ZandaX 2021

[www.zandax.com](http://www.zandax.com)